



What is COMPASS?

COMPASS is an innovative support platform providing caregivers, leaders, and businesses with resources and tools to address burnout, compassion fatigue, and workplace distress in healthcare and related fields. For any Provider, COMPASS resources are completely free!

2. Who is eligible to use COMPASS resources?

COMPASS serves a broad spectrum of caregivers, including clinicians, first responders, professional caregivers, mental health professionals, in-home aides, and family members, as well as healthcare administrators, leaders, and business owners seeking to improve well-being and engagement in their organizations and each other within our communities.

3. What kinds of tools and services does COMPASS offer?

COMPASS includes self-care resources, convenient reminders, educational content, access to healing professionals, the COMPASS Chats YouTube channel, and COMPASS Connect - a peer support network for mentoring and connection.

4. What are the proprietary COMPASS solutions?

COMPASS offers three key proprietary tools: COMPASS Benchmark (skills measurement and development), COMPASS Pulse (engagement and burnout assessment), and COMPASS Elevate (career pathing for caregivers in post-acute and long-term care markets).

5. How does COMPASS support leadership development?

COMPASS provides leadership curricula and employee engagement tools at accessible rates, enabling organizations of all sizes, including those with limited budgets, to strengthen workplace culture and improve staff well-being.

6. What options are available for businesses and organizations?

COMPASS offers scalable solutions ranging from complimentary resources to affordable support packages, starting at just \$3 per employee per month, ensuring that organizations of all budgets can access impactful well-being tools and programs.

7. How can I get started with COMPASS?

Getting started is simple: select the resource or service that fits your needs, join COMPASS Connect for peer support, or reach out to our team for tailored program guidance and onboarding for your staff or organization.