

COMPASS



RESTORING BALANCE, CONNECTION, AND PURPOSE FOR THOSE WHO SERVE

COMPASS supports first responders through a trauma-informed network built specifically for the unique demands of public safety work. Designed with input from firefighters, EMOS, dispatchers, corrections, and law enforcement professionals, this initiative combines evidence-based recovery tools, confidential peer support, and scalable training programs to foster resilience and professional longevity.

PEER SUPPORT NETWORK

- ✓ Vetted peers supporters and licensed professionals

CRISIS DEBRIEF FRAMEWORK

- ✓ Structured debriefing templates
- ✓ Facilitator guide for safe, psychologically contained discussion following critical incidents

COMPASS SUPPORT TOOLS

- ✓ Response Style Inventory (RSI) a short assessment that helps responders identify their personal stress and recover preferences
- ✓ Our badges easily identify responders who can meet the specific needs, as identified by our RSI.
- ✓ Our entire suite of complimentary resources

EMOTIONAL INTELLIGENCE & LEADERSHIP WORKSHOPS

- ✓ Builds self-regulation , empathy, and stress communication skills
- ✓ Custom modules for field supervisors
- ✓ Develops cultural awareness to counter myths often associated with trauma in the provider continuum

[ACCESS PEER & PROFESSIONAL COMPASS SUPPORT TOOLS](#)

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