A person smiling with her finger to her head

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***Betty McLean, BSN, RN***

*Certified Burnout Coach*

**I believe all stress is manageable and burnout is not inevitable**

**Welcome to Aim for Greatness Coaching!**

Betty is an RN with 20 years of experience.  Betty helps nurses and other healthcare professionals stop being overwhelmed with stress and dread, all without first needing to leave their career they used to love.

I will help you understand your stress, dread and overwhelm so you can create the life you actually want - more peace, more self confidence, more joy.

You can do this without leaving the career you love.

Book a free Burnout Discovery Call to find out how Life Coaching can help you.

Contact Betty:

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